



Clínica Amistad

A Project of Amistad y Salud

SPRING 2022

Letter from the President



March 2022

Dear Friend of Clínica Amistad,

As we all battle the COVID-19 virus, Clínica Amistad continues to provide free health care and I've got wonderful news!

Thanks to caring people like you, the clinic surpassed its year-end fund raising goal! From mid-November to December 31, our target was \$60,000, which would be matched dollar-for-dollar by an anonymous patron. And we did it. With the matching funding, we totaled nearly \$127,000.

This and other income, such as from governmental and private sources, has enabled the clinic's board of directors to initiate a long-term strategic planning process that will look at the possibility of funding more operating hours during the week. Currently, as you may recall, the clinic is open two evenings a week and one Saturday morning every month. Of course, we will also need more providers and volunteers if we wish to add hours, but now we can optimistically look toward increasing our service to the greater Tucson community.

And there definitely is a need. Just last month, for example, 40 new patients were seen. Multiply that by 12 and you have potentially nearly 500 more new patients in just one year's time. As always, the patients we see are those who cannot afford your typical healthcare provider. That is to say, in our strategic planning, we remain committed to being a free, primary healthcare clinic serving the poor and needy.

Again, though, we can only plan and execute our plans with your generous help. On behalf of all those who volunteer at the clinic, our small paid staff and our board of directors, I humbly thank you for your support. Together, we will make Tucson a healthier place to live and work.

Sincerely,

Lawrence Jagnow, President



Stay healthy while staying safe by participating in our **ALL-VIRTUAL 2022 Walk/Run to support Clínica Amistad**. This event gives you the chance to join in from anywhere and support!

Participants will register and choose their own course. Share your race day photos on our Facebook Event Page to win prizes. **The official race day March 26th** but you can choose the date that works best for you. Proceeds from the event will be used to ensure that we can continue to provide free primary medical care, preventive services, and health education to those in need, as we care for our patients; the low income, uninsured, and working poor.

Your \$35 Registration Includes:

- Finisher's Race Bib
- Custom Finisher Medal

Register now at

www.clinicaamistad.org

VOLUNTEER SPOTLIGHT

Lizette Garcia

MSPAS- NAU, 2021

BS Health Sciences- UA, 2016

BA French- UA, 2016

How did you hear about Clínica Amistad and what compelled you to become a volunteer?

I was looking for a clinic to volunteer with and I heard of Clínica Amistad through someone in the Tucson community. I wanted to gain more experience in a clinical setting and was thrilled to hear about this free clinic that helped uninsured patients. I enjoy giving back to the community and thought this was a great opportunity to do so.

Detail your volunteerism at Clínica - when you began and how long you served for.

I started volunteering in 2017 and served for about 2 years.

Did your time as a volunteer influence your career?

Volunteering with Clínica

Amistad fueled my desire to continue working with underserved communities and helped to reinforce my decision to pursue a career as a PA. My experience also led me to apply for the National Health Service Corps program, so that I could continue working with similar organizations.

Were there any interactions or experiences while serving at Clínica that influenced you or your path?

I had many positive interactions with the volunteers and staff at Clínica. As a PCP helper, I was able to interact with several volunteer providers and observe their interactions with patients which helped me gain an additional perspective on providing care to our underserved communities. I was fortunate to work closest with Pat Ferrer. She showed me the impact that a compassionate, skilled PA can make for both her patients and the organizations she works with.

What did you learn from your experience at Clínica that you will carry with you into your profession?

I learned about the complexity of providing care with fewer resources and the value of a collaborative environment to achieve quality patient care. I hope to carry forth the compassion, resourcefulness, and patient advocacy that I have seen exemplified by the providers, staff, and volunteers at Clínica Amistad.



SPECIAL RECOGNITION



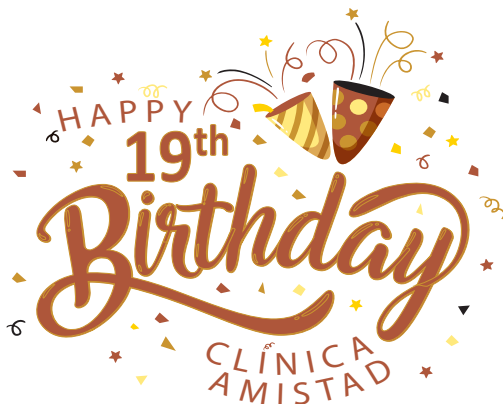
Nicole Glasner Named Executive Director

Nicole Glasner has been promoted to executive director for Amistad y Salud, the non-profit parent organization of the health care clinic, Clínica Amistad. The clinic provides free primary care to the poor and underserved of greater Tucson.

Previously, Glasner was in charge of fund-raising activities for the past four years. In addition to continuing in that role, she will help provide critical leadership for the growing clinic, which offers an integrated host of medical therapies. Her duties include leading strategic planning, human resources programming, and other administrative and operational aspects of the organization.

"Nicole has enabled our clinic to grow financially and serve more patients every year since joining us, even during the recent pandemic crisis," said Lawrence Jagnow, president of the board of directors. "Her new duties are well deserved."

"I am honored to be named Executive Director of Amistad y Salud." Glasner states, "I believe health care is a human right, and I am dedicated to using my compassion and professional abilities to help the underserved in our community while we to continue our mission to provide free primary health care, preventive services, and education to our Tucson community members in need of medical resources."



2022 CROWDFUNDING CHALLENGE

From now until April 18th, we are running our annual crowdfunding campaign. Our goal is to raise \$15,000 - a fraction of our total financial needs, but an essential part of our budget and we need your help to spread the word!

Earn Raffle Tickets and Win Big!

- Follow us on Twitter @clinicaamistad **1 entry!**
- Follow us on Facebook- **1 entry!**
- Share, Share, Share! Each time you share or retweet you earn **another entry!!**
- Get your friends to sign up (each time a friend donates let us know!) **1 entry each!**
- Good old-fashioned email- **1 entry** for each email you send! (make sure to copy Nicole Glasner to get credit!)
- Personally Donate and earn **5 entries!** Go to our website www.jamistad.org/donate

Updates will be posted weekly on Facebook and Twitter!

Surprise drawings, prizes and challenges will be announced throughout the campaign.

Final drawing will be held on April 19th.

And don't forget that you can still claim your Arizona State Tax Credit for 2021. This is a great way to help us reach our campaign goal.

To contribute, simply go to www.clinicaamistad.org/donate.

You may also make your contribution online or, if you wish, you may write a check payable to Clínica Amistad, and mail to:

PO Box 27284, Tucson, AZ 85726-7284

Have questions?

Email Nicole at exec@clinicaamistad.org

TAX CREDITS

You have heard about the AZ Charitable Tax Credits and many believe it sounds too good to be true. But they are exactly as easy to as they sound. You can donate to ALL 4 types of organizations below and receive a dollar-for-dollar tax credit off your Arizona Tax Liability for 2021. It is just that simple! Don't forget to get your donation in before April 15th to take advantage of up to \$800 in credits with your support of Clínica Amistad, a Project of Amistad y Salud.

Arizona tax-payers can redirect their state tax dollars to charities and schools through AZ Tax Credits.

Filers may claim a dollar-for-dollar reduction on their tax liability with Tax-Deductible Donations to:

★ **Qualified Charitable Organizations (QCO)**

\$400 Single | \$800 Filing Jointly

Qualified Foster Care Organization (QFCO)

\$500 Single | \$1,000 Filing Jointly

Qualified Foster Care Organization (QFCO)

\$200 Single | \$400 Filing Jointly

Private Schools

\$1,219 Single | \$2,435 Filing Jointly

The best part is, you don't even have to choose! The AZ Department of Revenue lets you use all 4 pots of Tax Credits. That means up to **\$4,635 off your 2022 AZ Tax Liability** by doing something that feels good.

Clínica Amistad is a non-profit 503(c)3 organization. Our Federal tax ID number is 75-3060875. Our AZ CQO number is 20284.



This Arizona Gives Day (April 5-6), help Clínica Amistad raise \$10,000 as we continue to serve our community's most vulnerable members. Arizona Gives Day is a statewide day of giving where nonprofits ask our community to help us raise funds.

This year we have been blessed with a matching gift of \$2,000 to help provide free primary health care, preventative services, and education to those in need and without access to health care throughout the greater Tucson area.

This past year we've seen a major increase in our patient load. Help us by donating NOW and give our patients what they deserve: bright and HEALTHY futures.

Please consider donating to our Arizona Gives Day site at www.azgives.org/clinicaamistad or directly to www.clinicaamistad.org. **EVERY DOLLAR HELPS!**



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CLÍNICA AMISTAD El Pueblo Neighborhood Center, 101 W Irvington Road, Bldg 3-C, Tucson, AZ 85714

FOR APPOINTMENTS CALL 520-305-5107 ♦ Fax: 520-300-8468 ♦ **ALL CORRESPONDENCE** PO Box 27284, Tucson, AZ 85726-7284

HOURS OF OPERATION Wednesday & Thursday: 5-9pm ♦ First Saturday of Every Month: 10am-2pm

Admin@clinicaamistad.org ♦ www.clinicaamistad.org ♦ *Se habla español*