



Why YOU are so Important

Over the last three years, Clínica Amistad has experienced tremendous growth in volume, scope and quantity of its health services. This growth was only made possible by individual and foundation gifts. Some of the foundations that have significantly contributed include the Women's Foundation of Southern Arizona, the Zuckerman Family Foundation, the Salvador Foundation, the Arizona Diamondbacks Foundation, the Sisters of Charity of the Incarnate Word, Greater Good Org., Cox Communications, and the Tohono O'odham Nation.

The gifts from these foundations were well-timed. And very much appreciated.

An equal amount, however, comes from individual donors like you. Yes, you make the patient service gains permanent and sustainable. In Fiscal Year 2015-2016, 50% of the clinic's funding came from individual donors. In Fiscal Year 2016-2017, which ended on June 30, the number grew to 67%.

*Clínica Amistad needs
your help now more
than ever.*

Our number of patients has grown dramatically over the past five years. In 2012, we had 562 visits. In 2016, we had 1,700. It looks like we will take care of more than 2,200 visits

this year.

And they are needy patients. Nearly 60% have an annual household income of \$20,800 or less. Some 89% are uninsured. That is 75% higher than the national average of 9.1%.

What kind of patients does the Clinic care for?

About 38% of the clinic's patients are diabetic. The national average is 9.3% of the population.

Almost 40% of the patients have high blood pressure. The national average is 29.1%.

More than 44% are obese. The national obesity average is 36% of the population. It is 26% in Pima County.

It is because of your gifts that struggling families in the greater Tucson area have hope for a bright tomorrow. And with the future of public health care services in doubt, Clínica Amistad must be ready to respond. Please remember Clínica Amistad in your giving plan throughout the years ahead.

Two Helped by Your Help

For more than 40 of his 60 years on this earth, George did not visit a physician for any type of medical assessment. Finally, he came to Clínica Amistad.

He came because he recently developed shortness of breath, pain, tingling and swelling of his feet and chest pain. He was found to be in congestive heart failure. Additional diagnoses were diabetes, hypertension, elevated cholesterol and anemia, which was subsequently determined

to be due to moderate renal failure. He was evaluated both by Dr. Byrne-Quinn, an in-house volunteer cardiologist, and a community cardiologist the clinic works with.

Thanks to George's visit, he was stabilized. With medication, he improved significantly. Most of his symptoms have receded markedly. He is not out of the woods yet. His renal failure is still abnormal. The goal now is to keep his blood pressure and diabetes under strict control to avoid the need for renal dialysis. Obviously, his life is much improved, thanks to just one visit to the clinic.

Another recent visitor was a 78-year-old man with blindness in one eye, an obstruction eye injury in the other, hypertension and diabetes. Twenty-four-hour care was needed, which was provided by his daughter. After an appointment at the clinic, he was sent to an ophthalmologist who works with the clinic. Now, after cataract surgery, he has regained meaningful vision for the first time in years. His daughter, who has been the sole caregiver also for years, is very grateful for the care he received from the clinic.

These are fairly typical cases for the clinic's physicians. For by far, most of the patients in the clinic suffer from hypertension and/or diabetes. Often, as in these two cases, some kind of treatment is able to be accomplished, dramatically improving the patients' lives — and the lives of those who care for them.

Just as obvious is the fact that

Clínica Amistad would not be able to see and care for these patients without your support. So again, we thank you.

A Look at the Clinic's Finances

In fiscal 2016-17, which ended June 30, Clínica Amistad's expenses exceeded income by about \$15,000. Net income for the year was approximately \$145,000. Total expenses were \$159,732.

Our budget was exceeded in many categories pertaining to patient care.

The clinic provides free care to those who need it. In addition, the clinic also often helps pay for patients requiring services outside our walls. For example, \$2,000 more than budget was expended for patients needing ocular care. This is common in the patients seen at the clinic, patients who suffer from diabetes and have issues such as glaucoma. Another area: Total costs for medical supplies and medications ran about \$2,000 over budget, and consultation services were \$6,000 over yearly estimates. Added all together, such expenses came to \$15,000 over budget.

More than 94% of the clinic's funding goes directly to patient care, both inside and outside the clinic. Thus, the more patient we see, the higher our costs.

Tax Credit Available from State

Beginning in tax year 2016, financial gifts to Clínica Amistad became eligible for up to an \$800 tax credit

A VOLUNTEER'S STORY...

The importance of volunteers at Clínica Amistad cannot be overstated. More than 90 people, mainly young students from the University of Arizona, are volunteers. One of their stories follow.

CHINA RAE NEWMAN—I first heard about Clínica from a friend who was involved in border justice. I was looking for a place to volunteer where I could work with people without access to affordable health care and when I heard about the clinic's mission, I knew that I wanted to be a part of it.

I started in October 2014. During my time here, I have been fortunate to work with many wonderful providers and excellent volunteers. I have watched the amazing changes we have implemented since our move from a smaller place. We have become so much more efficient and effective.

I started medical school at the U. of A. in July. I am interested in going into family practice or women's health because I believe that consistent quality primary care is the most important way for people to have happy, healthy lives. I don't think I would be where I am without my friends at Clínica, and I am excited to continue volunteering as I pursue my dreams.

from the Arizona Department of Revenue. Anyone who pays Arizona income tax qualifies regardless of itemization of charitable donations on the federal return. A qualifying \$800 gift counts dollar for dollar as Arizona income tax paid. (Please visit www.azdor.gov for complete information.)

A gift is easy to make. You can give securely online at Clínica Amistad's website: www.clinicaamistad.org/donate/. If you wish to give by check, checks can be sent directly to:

**Clínica Amistad
PO Box 27284
Tucson, AZ 85726**

SAVE THE DATE

Sunday,

November 12

**will be the evening for
Clínica Amistad's
annual fall fundraiser.
Exact time and location
still to be determined.**

PLEASE, save that date!

**We look forward
to seeing you.**

THANK YOU for your help!